

Retreat Registration Fee**

\$215 – Registration postmarked **by** 9/1/26

\$235 – Registration postmarked **after** 9/1/26

\$99 – Saturday Only

Final registration deadline 10/5/2026

Mail this registration form

1. Fill out the information below and mail to:
Shelley Abline, 2038 Westover Terr,
Burlington, NC 27215
2. Send a check payable to MWV, Memo: Fall
Retreat

Online Registration

<https://tithe.ly/event-registration/#/11324954>

(additional \$5 convenience fee)

**Registration fees cover retreat expenses, Saturday B/L/D, Sunday breakfast and all activities. Friday dinner is not included, however Skelton is willing to provide box dinners at an extra charge (mark below).

Name _____

Church _____

Address _____

Phone # _____

Email _____

Dietary Restrictions _____

My Roommates are: _____

- I have mobility issues (i.e. stairs)
- I would like to order a Friday evening box supper from Skelton at the additional cost of \$10. (Subject to minimum numbers. Payable on site – do not include in your registration fee. Checking this box commits you to paying the \$10)

See other side for workshop/activity selections

Scholarship Funds are available! If you need partial or full assistance in paying for registration, please call or text Shelley Abline at 336-675-1013 for more information.

For any questions about retreat, call, email, or text Keri Waltner (keriwaltner@gmail.com or 757-759-9427)

Retreat Planning Committee:
Keri Waltner, Tami Nice, Deb Pardini,
Shelley Abline, Perri Austin, Marian
Buckwalter



Retreat Theme:

Every season of life asks something different of us. Some seasons invite courage, others invite surrender. Some ask us to lead, others ask us to rest. This retreat is an invitation to notice where God is meeting us today—not to become someone different, but to live more freely and fully as the person God continues to create us to be. Through Scripture, conversation, and reflection, participants will explore what it means to grant themselves the same grace that God has already extended.

MENNONITE WOMEN OF VIRGINIA

RETREAT 2026

Oct. 30 – Nov. 1



***“You Have Permission:
Sacred Attention for Every
Season of Life”***

Rev. Dr. Shannon Dycus
President
Eastern Mennonite University

W.E. Skelton 4-H Conference Center
Wirtz, VA



Items to Note

Book Exchange – Bring a book, take a book! Bring a book you enjoyed reading to give away, and someone else's book may just become your new favorite!

Fellowship Room – This space allows us to laugh, share, eat and fellowship together. Please bring snacks to share. You can also bring games, puzzles, etc.

Silent Auction – We invite you to bring creative items, homemade food or kits, or gift certificates for experiences. All proceeds go into the retreat scholarship fund.

Prayer Room- A space dedicated for you to spend time meditating on God's word and drawing closer to the Lord through prayer.

Saturday Afternoon

3:15 – 6:00PM

Free time – knot a comforter, enjoy the fellowship room, bring a craft to work on

Outdoor Options – hiking, tennis and basketball courts available. Canoeing/kayaking, archery, climbing wall – these will be reserved based on interest. Please indicate on your registration form if you have interest in these activities.

Shannon Dycus – Guest Speaker

Rev. Dr. Shannon W. Dycus

is the president of EMU and has also served as vice president for student affairs, equity, and belonging. Shannon is the first Black female president in EMU's history.

Shannon has spent 15 years working in learning communities and ministry settings. Prior to arriving at EMU, she was a co-pastor at First Mennonite Church in Indianapolis, IN. Shannon holds a doctor of ministry degree in public theology, a master of divinity and a bachelor of arts degree in middle and secondary education.

Shannon is active in writing and worship development roles with Mennonite Church USA and the Christian Church (Disciples of Christ), publishing the 2019 Women's Bible Study "Every Time I Feel the Spirit" and the 2023 Advent devotional "The Holy in the Night" with Herald Press.



Krista (King) Powell – Music Leader

Krista has been singing in church, school and community choirs since she was three years old. For the last 35+ years, her focus has been largely on church music, leading congregational singing in the three churches where she has been a member, most recently at Community Mennonite Church. During the work week, you may find her preparing tax returns, playing with spreadsheets, or helping new business owners through her one-person CPA firm in Harrisonburg, Virginia. Krista is married to Dave Powell and they have two adult sons, one daughter-in-law and her first grandbaby on the way.

Retreat Schedule

Friday, October 30

4:30-6:30p - Registration

7:00-9:00p - Session I

Fellowship time - bring a snack or drink to share.

Saturday, October 31

7:30-8:30a - Breakfast

9:00a-12:00p - Sessions II and III

12:00-1:00p - Lunch

1:00-3:15p - Workshops

3:15-6:00p – Free time

6:00p - Dinner

7-7:45p – Vespers (Outdoor Bonfire)

Sunday, November 1

7:30-8:30a - Breakfast

9:00-11:30a - Session IV and closing

WORKSHOPS

There will be two time slots for 1-hr-long workshops. **Please choose your top 3 choices.** (After interest is gauged, we will create the schedule. These are not binding choices on your part; they are simply for planning purposes.)

- Quick and Easy Meal Preparation
- Tai-Chi
- Creating Christmas Ornaments
- Guided Wax & Hand Massage
- Diving Deeper (extra conversations about topics raised by our speaker)

FREE TIME ACTIVITIES: Indicate any of the following organized activities you would participate in, if offered from 3:15-5:00pm on Saturday. (based on interest)

____ Canoe/kayaking
____ Climbing wall

____ Archery